



ANIMAL CRACKERS

QUARTERLY NEWSLETTER ~ AUGUST 2023

Want a Special Way to Help the Shelter Animals?

There is now an adoption sponsorship program at the shelter and it's working very well! You can designate a particular dog or cat to sponsor, or you can just say "whoever has been there the longest" or whatever moves you to sponsor an adoption.

Sponsorship removes the financial burden that may be a barrier for some potential adoptees. The cost is \$92 for a dog and \$60 for a cat.

We started this program in December to date we have had 19 dogs and 7 cats sponsored with 6 cats and 9 dogs finding their furever homes.

The adoption form is on our website and you can print, complete and mail the form with your check, or drop it off at the shelter.

You can also print, scan, and email the form and make your payment through PayPal if that is easier for you to do. But to make it a little simpler, I've put the adoption sponsor form on the last page of this newsletter.

Dog Stats

(By Ed and Dolores Ransom)

Month	Volunteer Hours	Adoptions
May	706.3	11
June	590.0	12
July	660.0	5
Total	1956.3	28



New Shelter Update

It's actually starting to happen! The architectural firm hired by the County (and yes – they ARE shelter architects!), Live Oak Associates, started the on-site field survey for the new shelter project. It's an all-important first step towards finally getting a new shelter built!!!





We've Come a Long Way Baby!

One of our recent adoption sponsors, Lori Uhl McClelland, has a very long association with Animal Services and I thought you all would enjoy her story. Lori explains:

My connection to the Animal Shelter goes back to the mid - 1970's.

I went to Calaveras 1974-1978. I'm not sure what year in school I was assigned on Student Government Day to shadow the Animal Control Officer, Wayne Downs at the time. Way back then the dogs had no beds in their kennels and the facility had NO HOT WATER OR HEAT!!!!

To follow up my day spent with Wayne I wrote a letter to the Board of Supervisors requesting they provide better care for the animals in the form of Hot Water, Heat and Dog Beds etc.

I was allowed to attend the next Board Meeting to read my letter to them aloud. I then challenged all of them to come spend the night with me in a kennel, sleep on a cold cement floor and see how they liked it!

Here is the rough draft of the letter Lori sent to the board (the original was typed) and the response she received back.

LORI UHL
PO BOX 276
MOKELWANE HILL
CALIF. 95245

CALVERAS COUNTY
BOARD OF SUPERVISORS
GOVERNMENT CENTR
SAN ANDREAS, CALIF.
5-249

DEAR SIRS:

I AM A STUDENT AT CALVERAS HIGH SCHOOL. ON DECEMBER 19TH, 1977 I ATTENDED THE MORNING SESSION OF YOUR MEETING. ON THIS DAY YOU DISCUSSED THE POSSIBILITIES OF HIRING AN EXTRA PERSON TO WORK ALONG SIDE THE POUNDMASTER IN CATCHING DOGS ETC.

SUPERVISOR FISCHER CHOSE TO ARGUE THIS ISSUE. I FEEL THAT HE DID NOT HAVE THE KNOWLEDGE OR RESOURCES TO PUT UP SUCH AN ARGUMENT ON THIS SUBJECT.

I FEEL THAT IF THE BOARD MEMBERS WOULD TAKE SOME EXTRA TIME AND VENTURE UP TO THE POUND FACILITIES THEY WOULD SEE THE POINT THAT I AM STRESSING.

THE CAGES THAT ARE PROVIDED FOR UNWANTED ANIMALS ARE HIGHLY UNSUFFICIENT. THEY ARE IN NEED OF REPAIR AND ALSO ENLARGEMENT.

THE MAIN HOUSING FACILITY ITSELF, THAT IS PROVIDED FOR THE ANIMALS SHELTER DURING THEIR STAY IS NOT IN BAD SHAPE, BUT IT HAS AN EXTREME NEED TO SEE SOME CLEANLINESS ABOUT IT. THE SMELL OF FEES IN THE NOT FREQUENTLY ENOUGH CLEANED PERIS IS NEARLY ENOUGH TO ~~PLAGUE~~ A PERSON.

I'M NOT SAYING OUR POUNDMASTER IS DOING A POOR JOB. I THINK HE IS DOING A GREAT JOB. GIVEN SOME EXTRA HELP OR AN AID BY A FELLOW WORKER, HIS JOB COULD BE DONE MORE COMPLETELY AND EFFICIENTLY. THIS WOULD ALSO BE TO THE ANIMALS BENEFIT. HOW CAN YOU EXPECT A PERSON TO WANT TO LOVE AND CUDDLE AN ANIMAL THAT HAS IMPAIRED EYES AND SMELLS FOR A MONTH AFTER ITS COME HOME WITH YOU.

I THINK THERE ARE MANY JOBS THAT A POUNDMASTERS AND COULD FULFILL, NOT JUST DOG CATCHING OR RUNNING VACCINATION CLINICS. HE COULD WASH ANIMALS, CLEAN UP AROUND THE POUND FACILITIES ETC. WE AS HUMAN BEINGS HAVE TO GIVE ANIMALS THEIR BEST CHANCE TO FIND A LOVING HOME. LOOK AT US WE NEARLY FAIL IN EXISTENCE WITHOUT

LOVE.


I KNOW THAT YOU DID VOTE TO HIRE AN
 TO WORK WITH THE POUNDMASTER. I AM GLAD
 FOR THIS ONLY NEXT TIME YOU MAKE A
 DECISION INVOLVING A LIFE ~~WHETHER~~ ^{WHETHER} IT BE A
 PERSONS OR AN ANIMAL PLEASE USE YOUR
 RESOURCES AND CHECK THINGS OUT MORE
 THOROUGHLY THAN YOU DID ON THIS ONE.
 THOROUGHLY

I ALSO FEEL IT IS ONLY FAIR THAT IF THE
 POUNDMASTER CAN PROVE HIS OVERTIME HOURS
 HE SHOULD BE PAID PROMPTLY. THESE HOURS
 WERE SPENT CONDUCTING VACCINATION CLINICS
 TO BENEFIT US AND OUR PETS. THINK OF
 THE EPIDEMIC DUSTERS THAT COULD HAPPEN
 WITHOUT HIS SPECIAL HELP.

I WOULD BE MOST INTERESTED TO RECEIVE
 A REPLY FROM YOU ON THIS SUBJECT.

RESPECTFULLY YOURS
 Lori Uhl
 LORI UHL

And the response:



CALAVERAS COUNTY
 OFFICE of SHERIFF
 SAN ANDREAS, CALIFORNIA 95249

RUSSELL W. LEACH, Sheriff
 Government Center Telephone 209-754-4272

January 6, 1978

Calaveras County
 Board of Supervisors
 Government Center
 San Andreas, Ca 95249

Attention Dan Miller, Chairman
 Subject: Dog Pound

Dear Board Members:

In response to a letter from Lori Uhl, P.O. Box 276, Mokelumne Hill, regarding conditions at the dog pound, I have inspected the pound and find that the conditions as outlined in the letter do exist.

However, I find the pound to be clean, though there is an odor.

I am suggesting a study session be scheduled to look into the following points:

1. installing a heating system,
2. installing a large capacity hot water heater for more prompt cleaning of the pound,
3. to study the feasibility of expanding the pound to furnish exercise pens, collections pens, storage areas for food and medicine, and any other needs of the pound.

Probably a good portion of these costs would eventually be returned to the County through the adoption of more animals and sales of those unadopted animals.

Thank you for your consideration of this matter.

Sincerely,
 R. W. LEACH, SHERIFF

Thomas Grammer
 Thomas Grammer,
 Undersheriff

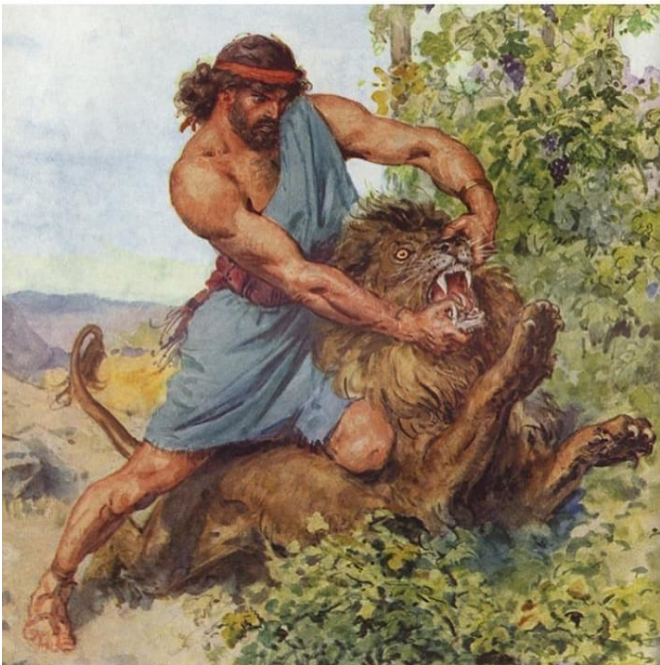
TG:em
 cc Lori Uhl ✓
 cc Health Department
 cc Building & Grounds
 cc Angels City Council

You never know what impact your actions may have and Lori definitely got their attention. Not too bad for a high school freshman!:

And while we know how bad the shelter conditions are now, imagine not having any heat or hot water! So while there is huge room for improvement, we really have come a long way.

(It's very interesting that the response came from the Sheriff's Office as many of us were told the shelter was not under the Sheriff until Gary Kuntz.)

When you ask your dog what he's eating and he starts chewing faster...



Health tips

by Doc Hopper

INACTIVITY + OBESITY = TROUBLE

By Dr. Chloe Ross
Dogs Naturally

October 8th is National Pet Obesity Day so it's a perfect time to talk about how keeping your dog lean and well-exercised can lead to a longer life. Unfortunately, reports say that more than half of all dogs are overweight today.

Inactivity and excess weight can cause a wide variety of health problems in people. And there's plenty of evidence now showing that inactivity, and its close friend, obesity, cause very similar negative impacts on the health of our pets.

Here's a look at how each of these problems affects your dog.

1. INACTIVITY

Obesity is the obvious disease associated with lack of exercise, however inactivity alone (even in slender individuals) is also bad for the health and wellbeing of your dog. Here are just some of the negative impacts a sedentary lifestyle can have.

ANXIETY AND DEPRESSION

Anxiety and depression are common causes of many of the behavioral problems we see in dogs. An anxious, destructive dog is distressing for owners, costly ... and a leading cause of euthanasia.

In contrast, a 2014 UK study showed that Labradors who got more exercise showed less aggression, were less fearful, and had less separation anxiety than inactive dogs.

While exercise alone is beneficial, it's also important to get involved and play with your dog. Interactive exercise with owners can decrease levels of stress hormones in your dog. Studies have also found it can help prevent common skin diseases and increase lifespan.

Findings in dogs parallel human studies that have shown exercise helps reduce anxiety and depression. In humans this is attributed, in part, to changes in blood flow in the prefrontal cortex during exercise. That's the area of the brain associated with problem solving, rewards and self-control. While there are certainly differences between our prefrontal cortex and dogs', this could explain why more active dogs are less likely to feel blue.

MICROBIAL DYSBIOSIS

An imbalance of gut bacteria is a topic for a whole other article, but a healthy microbiome is generally associated with lower levels of stress, fewer gastrointestinal issues or skin problems, better disease resistance and increased brain function.

While dog studies are lacking, research in both mice and humans has shown that exercise increases the numbers of beneficial bacteria in the body, even in obese animals.

A healthy bacterial population in the gut is essential for health and may be one of the reasons that regular exercise is proven to have positive effects on chronic diarrhea in more sensitive dogs.

So, if your dog is a couch potato, get him moving and take steps to repair his gut health.

WEAKENED IMMUNE SYSTEM

Gut health becomes even more important when you consider its effects on the immune system.

The lymphatic system is responsible for removing wastes and byproducts from muscle and other tissues. It also plays an important role in healthy immune function. Unlike blood vessels, which have their own inbuilt pump, lymphatics rely on manual compression by muscles to keep lymph flowing and prevent stagnation.

An important source of experienced lymphocytes (immune cells) is the gut-associated lymphoid tissue (GALT). A 2010 University of North Texas study in dogs showed that when this tissue is compressed during exercise, GALT lymphocytes are released into circulation. Higher levels of circulating GALT lymphocytes have been linked to improved immune function and hastier recovery from disease.

BONE AND JOINT PROBLEMS

One of the more common diseases in dogs is arthritis. Often owners are unaware that their dog is quietly suffering with joint disease or have no idea how best to help her.

A 2004 study on hamsters found that a sedentary lifestyle negatively impacts joint health, with in-

activity leading to cartilage degeneration (a precursor to joint disease).

Similarly, in dogs, a 1997 study at Columbia University and University of Iowa showed that life-long regular weight bearing exercise did not negatively impact cartilage in any way. For dogs already struggling with arthritis, healthy, well-exercised muscles are known to help support joints and minimize damage and discomfort.

2. OBESITY

Obesity is caused by overfeeding, often coupled with inactivity. Given the large number of negative impacts, and with over 50 percent of dogs in the US now classified as overweight or obese, it's a rapidly growing canine health concern. The number of ailments associated with obesity is so vast that it's now officially recognized as a disease by the World Small Animal Veterinary Association.

Studies tell us that obese dogs live shorter lifespans and develop diseases like arthritis earlier and with greater severity than their leaner counterparts. This is only the tip of the iceberg. Below are some of the health problems suffered by obese dogs.

INCREASED INSULIN RESISTANCE

Obese animals are more likely to suffer insulin resistance. Insulin resistance is a known precursor to diabetes in humans, and while this link is not yet evident in dogs, it definitely makes existing diabetes harder to control. It's also implicated in heart disease, urinary tract infections and cancer. It also causes uncontrolled blood sugar spikes which makes weight loss harder.

CARDIOVASCULAR DISEASE

Obesity is a strong predictor for heart disease in humans. In dogs, extra weight has been found to affect the heart's ability to pump effectively (a concern in dogs with heart disease), decrease lung function (a real concern in brachycephalic dogs) and increase blood pressure.

As in humans, it's known that increased fat around the abdomen is more closely correlated with heart disease. Abdominal fat can be hidden in slim-looking dogs and is generally associated with an inactive lifestyle.

INFLAMMATION

While important in wound healing and when fighting infection, unchecked inflammation is a cause of potentially morbid diseases like cancer, diabetes and asthma. A number of studies document chronic low-grade inflammation in obese dogs.

In addition, obese dogs had lower levels of the neurotransmitter serotonin, commonly known as the "happy hormone," than dogs at a healthy weight. A low level of serotonin has been associated with inflammation, depression and an increased appetite. This may prove a bit of a problem when trying to help overweight dogs with weight loss, and it highlights the importance of regular exercise in a weight loss plan.

MICROBIAL DYSBIOSIS (AGAIN)

As I mentioned earlier, exercise is known to increase healthy bacteria in our guts, and predictably, obesity is responsible for a decreased proportion of those healthy microbes.

This imbalance may be partially due to an overload of nutrients reaching the large intestine of overfed dogs, leading to a flourishing of bad bacteria – much like algae bloom in a river subject to nutrient run-off from farms.

In 2017, Danish researchers found that a healthy microbiome can help weight loss in obese dogs.

BONE AND JOINT PROBLEMS

Just as exercise appears to protect our joints, obesity is known to worsen the symptoms of joint

disease and arthritis, with weight loss being a very effective way to reduce pain in dogs suffering from joint disease.

SARCOPENIC OBESITY

When obesity and inactivity are combined, it's termed sarcopenic obesity. This is characterized by low muscle mass with high body fat. It's associated with increased severity of health problems compared to obesity or inactivity alone.

HEALTHY EXERCISE AND WEIGHT LOSS

As ideal weight can vary markedly between individuals, simply looking at your dog can help to assess her metabolic health.

Generally, in a healthy weight dog, you should be able to just feel her ribs. When looking down from above, you should see a waist. Check with your holistic veterinarian if you're unsure, and ask for any help you need in constructing a healthy weight loss plan.

Feeding guidelines on commercial dog food packages are often misleading, and portion size can vary dramatically! Whether you're preparing your own meals, or feeding a pre-made diet, try to focus on weight, rather than volume.

Start by removing a small amount from your dog's daily ration (or using it in place of treats), and weigh her at the same time every day. Adjust the amount to maintain a safe maximum 2% drop in weight per week, to avoid negative health effects.

Be sure to combine a diet change with plenty of exercise. It's good for your health too, and it's also a great way to bond and have fun with your dog.

Use common sense when working out an exercise plan. While diseases such as heart disease can be prohibitive, as long as your dog isn't showing symptoms (such as cough or difficulty breathing), exercise can generally be unlimited.

If your dog has heart failure, or another serious illness, it's best to ask your vet whether you should restrict her exercise. If your dog is ill or in pain, such as with arthritis, a gentle, regular exercise plan can help her feel much better.

The next time you're in one of those three stores, tell the store you want to sign up for their Community Card and that you want to support FOCAS. They contribute a whopping 5% of your purchase to the charity you choose!

Then when you shop at those stores, present your Community Card and FOCAS will benefit!

June 10 Rabies & Microchip Clinic

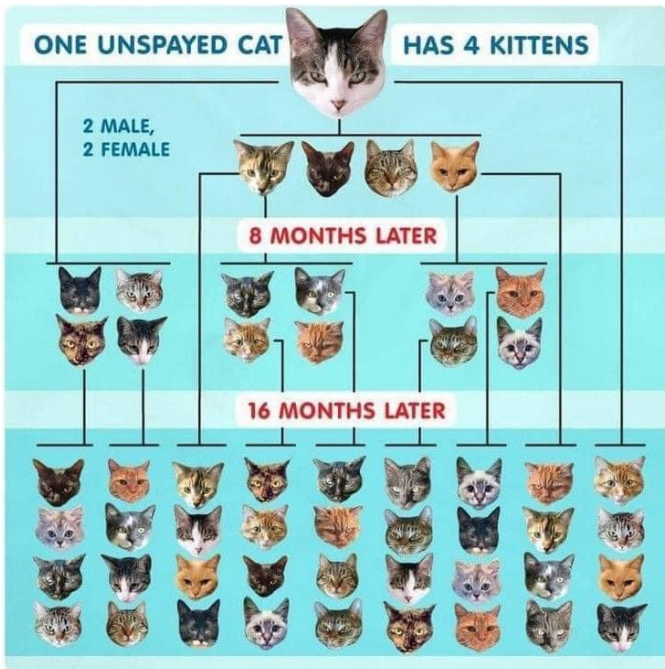
Hello Wonderful People,

First thanks a gazillion, million for another successful clinic. Thanks to Doctors Cathy and Steve Gatlin for their time and very hard work.

We did 177 vaccines and 102 microchips. Special thanks to Anne Ellis and Cindi Garringer for filling in and welcome to Stephanie Boylan, Julia Costello and Betty Johnson. All three said they would come back. Goody gum drops. We have a rest for July and August and will see everyone again on September 9th at Spences in Angels Camp. Have a fab holiday in our down time.

Cheers, Debby

See the next page for some photos taken at the clinic – some of our customers were quite something! .



Helping FOCAS while shopping

Quite some time ago, we told you about the loyalty program at MarVal in Valley Springs, called E-Script.

E-Script is the best way to raise funds for the organizations you want to support. After you've signed up, earning is easy - just shop at MarVal and use your E-script card each time to register your purchases.

MarVal then pays it forward by contributing funds to the organizations you care about most. Just ask them for an e-script card the next time you're in the store and tell them you want to support FOCAS.

And now we just hear that there is a similar program at Sierra Hills Health, Sierra Hills Food and Angels Food, called Community Card!



You want to do WHAT to me?



Dr. Cathy doing her magic.



I'm so handsome!



\$\$\$ Gleefully accepting donations \$\$\$



A Warning Worth Repeating

May 2020 Animal Crackers

Just about every summer there are a lot of warnings about the blue green algae that was so toxic to dogs that many were dying after swimming in lakes. While the majority of the cases were in other states, it is good to be aware if you take your dogs to swim in local lakes.

Hopefully this won't be an issue this summer, but I thought it prudent to share this information from the KCRA3 website:

Dog owners in the Southeast are spreading the word about the dangers of contaminated water following the deaths of their beloved pets.

In Wilmington, North Carolina, three dogs died after frolicking in a pond, while another succumbed after a swim in Lake Allatoona, Georgia. A common enemy likely led to the deaths of all four dogs: liver failure brought on by ingesting water contaminated with toxic blue-green algae.

These pets died in the same region, but toxic algae can be found all over the United States -- so dog owners throughout the nation need to be on the lookout.

WHAT IS TOXIC ALGAE?

Algae occurs naturally in water, but the blue-green variety are considered harmful algal blooms. Blue-green algae, also known as cyanobacteria, are "primitive," photosynthetic organisms that can feed off the sun to make their own energy and release oxygen and possibly toxins in the process, said [David G. Schmale III](#), a professor at Virginia Tech.

Some species produce potent toxins that can sicken or even kill people, pets and wildlife, according to the [U.S. Environmental Protection Agency](#). Blue-green algae and other HABs can produce different types of poisons, some that affect the liver, others the brain. Schmale said he hasn't seen a coroner's report to verify the causes of death, still he speculates the dogs were thirsty and the water contaminated. "Samples of the water where the dogs were likely exposed will need to be tested" for toxins and bacteria to verify this, though, he said.

WHERE DO THESE ALGAE GROW?

Harmful algae can bloom in both fresh and marine water. They've been observed in large freshwater lakes, smaller inland lakes, rivers, reservoirs and marine coastal areas and estuaries in all 50 states, according to Schmale.

Toxic algae can also grow in decorative ponds as well as backyard pools, providing homeowners with a good reason to properly sanitize swimming water.

WHAT DO TOXIC ALGAE LOOK LIKE?

Toxic algae can look like foam, scum or mats on the surface of water, said Schmale. Harmful algae blooms, which can be blue, vibrant green, brown or red, are sometimes mistaken for paint floating on the water. Toxic algae often stink, sometimes producing a downright nauseating smell, yet animals may be attracted to the smell and taste of them, according to the EPA.

HOW DO I KNOW IF MY DOG HAS BEEN EXPOSED?

Symptoms, which usually arise anywhere from 15 minutes to several days after exposure, include diarrhea or vomiting, weakness or staggering, drooling, difficulty breathing and convulsions or seizures, the EPA reports. Immediately, take your pet to the vet if you see these symptoms.



CRATE WARNING

From [Ocean County Sheriff 911](#)

This is NOT shelter from the heat. This is a "heat box". No, your dog does not enjoy laying in the direct sun without shade for hours IN THIS HEAT or laying inside these "cookers".

Bring your dogs inside your home in this heat!





The Five Most Dangerous Dogs

By Karen B. London

Not a week goes by that I don't get asked what I think are the most dangerous kinds of dogs. If what I do for a living comes up, this question often does, too. And when people say "kind" they are typically talking about breed. When I answer that the breed doesn't have anything to do with it, people are usually skeptical, but there is consensus in the field of canine behavior about this.

Recently, I read a blog post called "[The Five Most Dangerous TYJ2es of Dogs in the World](http://12:1!.worldofangus.com!'.blogLhealth-trainingL.923o8481-the-five-most-dangerous-tY)2es-of-dogs-in-the-world)" ([http://12:1!.worldofangus.com!'.blogLhealth-trainingL.923o8481-the-five-most-dangerous-tY\)2es-of-dogs-in-the-world](http://12:1!.worldofangus.com!'.blogLhealth-trainingL.923o8481-the-five-most-dangerous-tY)2es-of-dogs-in-the-world)) that sheds light on what types of dogs are dangerous. It makes clear that we need to pay attention to individual dogs and specific circumstances rather than the dog's breed. According to this post, the five most

dangerous types of dogs are:

Untrained dogs. If a dog has no boundaries, and has never been taught how to behave, he is more likely to injure someone, perhaps by accident.

Fearful dogs. Dogs who are scared or nervous may panic and act aggressively in order to protect themselves. Being afraid is at the root of more canine aggression than any other factor.

Unpredictable dogs. If a dog's behavior is confusing and does not follow any obvious pattern, it's easy to be taken off guard by their actions or inadvertently do something that upsets him.

Tired or sick dogs. Just like people, dogs are not at their best when they don't feel well and most would prefer not to be bothered. Dogs don't have many ways to let us know they want to be left alone. They sometimes resort to a growl, snap or bite, especially if they've already tried to walk away and go off by themselves, and that didn't get the message across.

Unfamiliar dogs. Not all dogs consider everyone a friend immediately. Lots of dogs need time to warm up to new people and don't like to be treated as a long lost friend within five seconds of being introduced. Treating an unfamiliar dog like your best friend can be off-putting to some and lead to aggressive behavior.

If you adore all dogs, it's hard to remember that the feeling of love at first sight may not always be mutual. There are plenty of dogs in each of these categories that are not dangerous in the slightest, but it makes sense to consider these potential risk factors and act accordingly.

Karen B. London, Ph.D. is a Certified Applied Animal Behaviorist and Certified Professional Dog Trainer who specializes in working with dogs with serious behavioral issues, including aggression.

Roses are red
Sparrows are small
I got you a gift
It's dead in the hall



BEFORE YOU GET A PUPPY Or ADOPT A DOG - READ THIS! ... and

then think long and hard about how you will adjust your life to include your new addition ...

“I am a Dobermann, cataloged one of the most intelligent and most feared dogs, I have served the US Navy and I will not narrate my dark past on the German side. They called me the devil's dog, today they ask me to behave like a Poodle, they have gone so far as to wear clothes ...

I am a Malinois:

Gifted among dogs, I shine in all disciplines and I am always ready to work. Today they ask me to relax on the couch all day.

I am an Akita Inu:

My ancestors have been selected to fight with other dogs. Today they ask me to be tolerant of my peers, and they blame me for my reactivity when one of them approaches me.

I am a Beagle:

When I followed my prey, I gave a voice so that the hunters could follow me. I was leading the dance. Today they put an electric collar on me to silence me, and they want me to return to the call in a snap of fingers.

I am a Yorkshire Terrier:

I was a rat catcher, fearsome in the English mines. Today they think that I can't use my legs and they always hold me in their arms.

I am a Labrador Retriever:

My vision of happiness is a dip in a pond to bring my master the duck he just shot. Today we forget that I am a sports dog, I am fat and I have to babysit the children.

I am a Jack Russell Terrier:

I am capable of facing a fox larger than me in its own den. Today they blame me for my damn character and want to turn me into a parlor dog.

I am a Siberian husky:

I got to know the great spaces of northern Russia, where I could pull sledges at impressive speed. Today I only have the walls of the garden on my horizon, and my only occupation is the holes I dig in the ground.

I am a Border Collie:

I am cut out to work eight hours a day, and I am an incomparable artist of herd labor. Today they blame me because in the absence of sheep, I try to control bicycles, cars, children from home, and everything that is in motion.

I'm a 19th century dog

I am handsome, I am alert, I am obedient, I can put up with being in a purse ... but I am also an individual who needs to express his instincts, and I am not suitable for the sedentary life that you want me to carry.

Spending eight hours a day alone on the patio, seeing you a little at night when you come back, and being entitled to any activity just a short walk to the bathroom will make me deeply unhappy.

I'll express it by barking all day, turning your garden into a minefield, relieving myself on the inside, being unmanageable the few times I'll find myself on the outside, and sometimes spending my days on my cushion, then you'll think I'm happy to be able to enjoy all this comfort while you go to work: in reality I will be in full depression, because

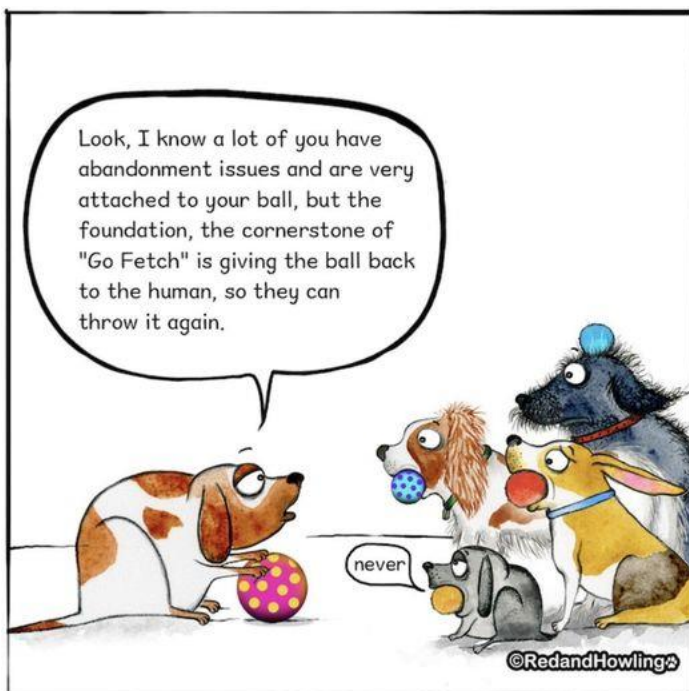
it is not the preference of the human, but also that of the dog of the XXI century.

If you like me, if you dream of me forever, if my beautiful blue eyes or my athlete look make you want to possess me, but you can't give me a real life of a full dog, a life that is really worth living, and if you can't offer me the job my genes claim ... then quit me.

If you like my rhythm but are not ready to accept my character traits from rigorous genetic selection, and you think you can change them with your only good will ... then quit me.

I'm a 19th century dog, yes. But, deep there, the one who fought, the one who hunted, the one who pulled sleds, the one who led a herd still sleeps. And sooner or later, you will wake up. For better or worse."

Elsa Weiss Education Canine / Cynopolis
Translation edited by Razas Poderosas y de Trabajo.



6 Risks Of Aspirin For Dogs

Studies show these 6 risky effects of aspirin for dogs.

1. Can slow healing or damage joint cartilage.
2. Harm the stomach and intestinal lining, leading to ulcers
3. Cause internal or external bleeding, due to blood-thinning properties
4. Create liver damage
5. Reduce blood flow to kidneys, lowering their function.
6. Has been linked to cancer in human studies.

cold water



Canine Heat Injury *Fast Facts*

Veterinary Tactical Group



www.vettacgroup.com

1. **Body temperature is not a good predictor of heat injury in dogs. That is, the number alone can't tell you if a dog is getting "too hot."**

Some athletic dogs can tolerate working temperature of 106° F and higher, while less fit dogs may suffer severe heat stroke at those temperatures. The best predictor of getting "too hot" is their behavior: uncontrollable panting, tongue hanging out and "floppy:" (look for subtle loss of muscle tone in the tongue), slow to respond or ignoring commands, shade seeking, subtle loss of coordination like small stumbling or tripping.

2. **When a dog incurs heat injury, *rapid cooling* is the most important life- saving step.**

There's an unfortunate myth that "cooling too fast could put them into shock." They have heat stroke: they are already in shock! In heat stroke, BODY HEAT is the immediate life-threat: there is **no benefit** to leaving them HOT for an extended time. By doing this you are essentially allowing the life-threatening problem to continue "cooking" and causing further harm to the dog.

3. **Cooling methods: Ice water is okay, wet towels are okay. Anything that is cooler than the dog is okay!**

Another unfortunate set of myths is that certain cooling methods are harmful, slow down cooling, or even cause the dog to get warmer. Some methods of cooling *are* faster than others, and we recommend using those if available (cold/cool running water, water troughs, ice water, etc.) but in reality, anything that is colder than the dog will cause the dog to cool down to some degree. Wet towels do trap in tiny bit of heat ("wetsuit effect") but cannot actually cause the dog to get warmer. Ice water on the skin does cause some vasoconstriction but not enough to slow cooling or cause any other significant medical complications. Cool the dog down with whatever you have available in your immediate environment. Stop cooling at 104° F (40° C) ("Safe temperature") and continue monitoring the dog's temperature as they may drop below normal (below 99° F/ 37.2° C) and need to be rewarmed to keep within a normal range.

4. **Cool first, then transport.**

A 10-minute trip to the veterinarian without first cooling to "safe temperature" (104° F /40° C) is ten minutes longer that you've let the dog "cook." If you don't have a thermometer, allow at least five minutes of any rapid cooling technique before transport. Remember excessive **body heat** is the immediate threat to life. The veterinarian is no more skilled at hosing down a dog than you are in the field! Veterinary treatments like IV fluids and antibiotics are secondary treatments that are important, but not intended to stop the *immediate life-threat*. You can do the best life-saving treatment with rapid, immediate cooling.



FOCAS ADOPTION SPONSORSHIP INTAKE

Name _____

Can we use your name? Y or N Or Anonymous? Y or N

Address _____

City, State, Zip _____

Mobile Number _____

Home number _____

Email _____

Terms: Your donation will be held until the sponsored animal is adopted, and the donation is non-refundable.

If the cost of the adoption is less than the sponsored amount, a donation for the difference will be made to FOCAS in your name.

If the sponsored animal is transferred out of the shelter prior to being adopted, another animal will be sponsored in its place.

Adoption sponsorships are as follows: Dogs are \$92.00 and cats are \$60.00.

By signing this Adoption Sponsor Intake form you have agreed to the above conditions.

Signature _____ Date _____

AO# _____ Name _____ species _____

AO# _____ Name _____ species _____

AO# _____ Name _____ species _____

AO# _____ Name _____ species _____

Intake person _____ Date _____